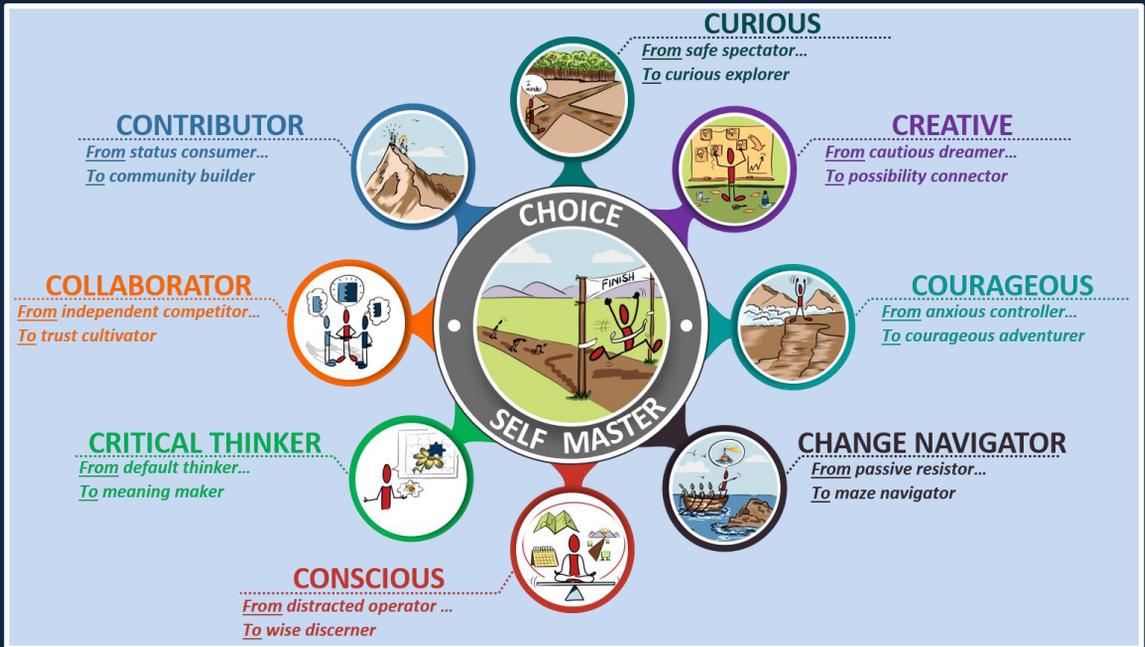


POWERUP

8 8 critical capabilities for navigating an unpredictable world

Catalyst



LEARNING JOURNEY

This is a unique customizable learning journey exploring the neuroscience of stress, choice, change and 8 critical capabilities for navigating an unpredictable world. Based on the NEW 2020 book PowerUp8 by Debbie Craig. Designed using the latest brain and behavioral science for learning

Modules include:

- Top Future Trends and Capabilities
- Neuroscience of Choice and Change
- Curiosity & Creativity
- Courage & Change navigator
- Conscious & Critical thinker
- Collaborator & Contributor

Program includes 16 hours of virtual or in-person facilitated sessions; tools, workbook; reflection exercises, Interactive activities; videos; life application projects and a 21-day support program to embed learning

Each core capability “C” covers the “why” and suggested identity, belief & habit shifts to enable sustained results.

UNIQUE VALUE

- Neuroscience principles of learning, choice and change
- Visual descriptive characters to bring the concepts to life
- Resilience Potential Assessment
- Interactive learning and team projects
- Personal stories and inspiring examples to motivate and believe
- Practical habits for everyday use to build capability
- 21-day support program



Program facilitated by Catalyst Consulting with hand-picked and certified facilitators who are passionate and skilled at personal and organisational transformation

POWER

UP

8

8 critical capabilities for navigating an unpredictable world



FREE Resilience Potential Assessment.

WHY

The world of work is changing exponentially as rapid technological innovation and global forces are compelling businesses to disrupt traditional industry models and adopt new digital strategies and skills to compete. This requires new future-fit thinking, habits and capability to learn, adapt, experiment and fail fast.

WHAT

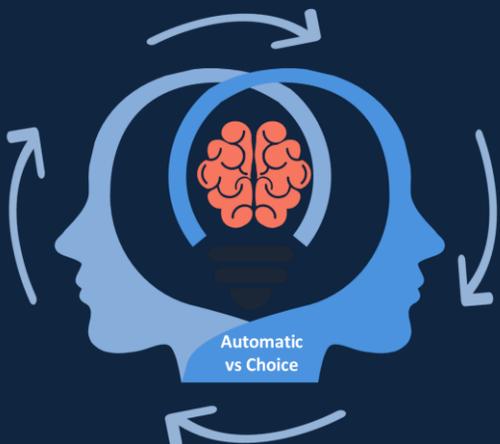
We need people who are intensely curious, originally creative, courageously committed, consciously choosing, critical thinkers, trust building collaborators, change navigators and generous community contributors. We also need people who understand the Neuroscience of choice and change and actively cultivate the identities, beliefs and habits to disrupt themselves before they are disrupted.

HOW

Each core capability “C” covers why it is critical, real life examples and opportunities, identities, beliefs & habits required to enable sustained results. It also includes a selection of the best resources to enhance the learning journey. Catalyst has a +20 year proven track record in building capability in individuals, teams and organisations.

Identity
I am

Habit
I act



Belief
I believe ...

Feeling
I feel ...

*“Our energy flows where our attention goes”
Tony Robbins*

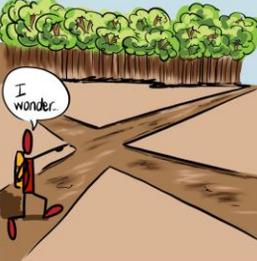




CURIOS

SAFE SPECTATOR	CURIOS EXPLORER
Spectator Opinionated Cautious	Seeker Engager Experimenter

Curiosity requires going beyond the obvious and actively seeking new information and ideas – not just about the world or things but about people, relationships and our own potential. It is about questioning, experimenting and taking risks for accelerated learning and connections to unleash change and innovation.



For more information on our **PowerUp⁸** program and track record, contact us or see our website

